



2025 Parent & Guardian Survey

SUMMARY, APRIL 2025

CHANANA CONSULTING

Contents

Key Findings.....	2
Background	3
Demographics.....	3
Greenwich Together	4
Well-Being and Mental Health.....	4
Knowledge of Supports	4
Level of Concern.....	5
Family Norms.....	6
Youth Mental Health	8
Underage Substance Use	10
Knowledge of Laws.....	10
Knowledge of Medication Disposal	10
Knowledge of Substance Use on Teenage Brain	11
Level of Concern Related to Underage Substance Use	11
Access to Substances.....	15

Key Findings

Awareness & Engagement

- Only **32%** of parents are familiar with Greenwich Together.
- Awareness of GT programs has also declined (25% in 2025 vs. 31% in 2023).

Access to Support

- **73%** of parents know where to get adult mental health help; **72%** know where to access it for their children.
- Awareness of support for substance misuse remains lower (50% adults, 55% youth), though improved from 2023.

Parental Concerns

- Top concerns for community youth: **social media** and **mental health**.
- Regarding their own child, parents are most worried about **stress/anxiety**, **emotional well-being**, and **lack of sleep**.

Communication & Rules

- Parents feel most confident discussing **healthy relationships**, **gaming**, and **substance use**.
- Topics like **self-harm**, **mental health**, and **sexual health** show lower confidence levels.
- There are strong family rules on tech use and substance use, but **gambling rules are the least common**.
- **Parent-youth gaps** exist: youth report fewer rules and lower monitoring than parents report enforcing.

Youth Mental Health

- Parents cite **academics**, **future planning**, and **expectations** as top stressors for their children—mirroring youth reports.
- Parents estimate lower rates of frequent anxiety, loneliness, and depression than youth report themselves.

Substance Use Perceptions

- Parents are most concerned about **nicotine vaping** and **marijuana use**.
- Disapproval of underage use remains high, particularly for marijuana (93%) and vaping (96%).
- **Alcohol** garners slightly more leniency; **73% of parents disagree** with underage use.

Access & Risk at Home

- **24%** of parents do not secure alcohol at home; only **16%** lock it up.
- Many youth report easier access to substances than parents estimate—especially alcohol and vaping devices.
- Parents identify **friends and unauthorized access at home** as primary alcohol sources for youth.

Policy Awareness

- Awareness of laws related to youth substance use has improved since 2023, particularly for the **Social Host Law** and **tobacco age laws**.

Background

In January to April 2025, 223 surveys were collected from Greenwich parents via the online service, SurveyMonkey.com. The data that is collected is used to better understand parental attitudes and behaviors around youth wellbeing, including protective and risk factors. Data will inform local prevention programming and allow Greenwich Together to most accurately implement strategies that support parents and families in Greenwich.

When available, data from the 2025 Greenwich Youth Survey is included in the tables, based on responses from 3,197 students in grades 7 through 12 who participated in February and March 2025. In some instances, data from the 2023 Parent Survey is also included, drawn from 276 total participants. Variations in question wording and response options between surveys are noted where applicable.

Demographics

Table 1. Residence

Where do you reside?	%
Greenwich	83
Other	17

Table 2. Gender

Your Gender	%
Female	79
Male	21

Table 3. Age

Your Age	%
25-34	0
35-44	12
45-54	74
55-64	13
65 or older	1

Parents with more than one child in 7th to 12th grade were asked to respond to survey questions based on only one child.

Table 4. Age of Child Responding For

What is the grade of the child you are responding about?	%
7	15
8	15
9	18
10	18
11	21
12	13

Greenwich Together

- A majority of respondents are unfamiliar with Greenwich Together and the work of Greenwich Together

Table 5. Knowledge of Greenwich Together and GT Programming

How familiar are you with...	Unfamiliar %	Somewhat familiar %	Very familiar %
Greenwich Together, Greenwich's Prevention Coalition?	68	25	7
The programs and campaigns that Greenwich Together provides?	75	20	5

Table 5a. 2023 and 2025

How familiar are you with... (Somewhat & Very Familiar)	2023 %	2025 %
Greenwich Together, Greenwich's Prevention Coalition?	37	32
The programs and campaigns that Greenwich Together provides?	31	25

Well-Being and Mental Health

Knowledge of Supports

- 7 out of 10 parents know where to get mental health supports for adults and youth in their home
- 5 out of 10 parents know where to get substance misuse support for adults and youth in their home
- The percentage of parents who know where to get support has increased from 2023 to 2025

Table 6. Knowledge of Resources for Mental Health and Substance Misuse

Do you know where to go for help for you or other adults in your home for:	Yes %	No %	Not sure %
Mental health services (therapy, counseling, psychiatry, etc.)	73	8	19
Substance misuse services (therapy, treatment)	50	12	38
Do you know where to go for help for your child for:			
Mental health services (therapy, counseling, psychiatry, etc.)	72	8	19
Substance misuse services (therapy, treatment)	55	13	32

Table 6a. 2023 & 2025

Do you know where to go for help for you or other adults in your home for: (YES)	2023 %	2025 %
Mental health services (therapy, counseling, psychiatry, etc.)	67	73
Substance misuse services (therapy, treatment)	48	50
Do you know where to go for help for your child for:		
Mental health services (therapy, counseling, psychiatry, etc.)	70	72
Substance misuse services (therapy, treatment)	52	55

Level of Concern

- Parents are most concerned with social media and mental health when considering issues that impact youth
- When considering their own child, parents are most concerned about stress and anxiety, emotional well-being and not getting enough sleep

Table 7. Level of Concern of Issues Impacting Youth

Please indicate your level of concern when thinking about the following issues impacting YOUTH (under age 21) in this community:	Not at all concerned %	A little bit concerned %	Somewhat Concerned %	Very concerned %	Weighted Ave #
Mental health (anxiety, depression, suicide, self-harm)	.5	10	28	61	3.50
Social media	0	9	24	67	3.57
Bullying	2	22	42	34	3.08
Gender identity and sexual discrimination	23	37	25	15	2.33

Table 7a. 2023 & 2025

Please indicate your level of concern when thinking about the following issues impacting YOUTH (under age 21) in this community: (Very Concerned)	2023 %	2025 %
Mental health (anxiety, depression, suicide, self-harm)	68	61
Social media	77	67
Bullying	39	34
Gender identity and sexual discrimination	21	15

Table 8. Level of Concern Around Well-Being

When thinking about your child right now, how concerned are you about their:	Not at all concerned %	A little bit concerned %	Somewhat Concerned %	Very concerned %	Weighted Ave #
Stress and anxiety	8	36	36	20	2.69
Depression	38	32	20	10	2.01
Experience with discrimination	58	29	9	4	1.59
Social isolation	43	37	13	7	1.84
Academic achievement	45	23	19	13	1.99
Not sleeping enough	29	30	26	14	2.25
Emotional well-being	18	35	29	18	2.47
Relationships with family/friends	44	36	13	7	1.84
Physical health	54	32	9	5	1.65
Nutrition and eating habits	40	33	21	6	1.94
Substance misuse (alcohol, marijuana, vaping, other drugs)	67	21	9	3	1.48

Table 8a. Concern, Ranked Highest to Lowest

When thinking about your child right now, how concerned are you about their:	Weighted Ave #
Stress and anxiety	2.69
Emotional well-being	2.47

Not sleeping enough	2.25
Depression	2.01
Academic achievement	1.99
Nutrition and eating habits	1.94
Social isolation	1.84
Relationships with family/friends	1.84
Physical health	1.65
Experience with discrimination	1.59
Substance misuse (alcohol, marijuana, vaping, other drugs)	1.48

Family Norms

- Parents are very confident in talking to their child about issues related to well-being; the issues parents are least confident about are self-harm, sexual health and mental health

Table 9. Confidence in Communication Around Well-Being, Ranked Highest to Lowest

How confident do you feel talking to your child about:	Not at all confident %	Somewhat confident %	Very confident %	Weighted Ave #
Healthy relationships	1	24	75	3.73
Excessive Gaming	3	25	73	3.67
Substance use/misuse (drinking, vaping, marijuana use)	3	27	70	3.64
Social justice issues (racial bias, LGBTQ & women's rights, etc.)	2	31	67	3.62
Safe use of technology (phone, tablet, computer, etc.)	2	32	65	3.61
Gambling	6	24	70	3.57
Mental health (anxiety, depression, suicide, etc.)	5	34	61	3.50
Sexual health	6	38	56	3.43
Self-harm (cutting, etc.)	12	29	60	3.37

Table 10. Communication Around Well-Being

Have you ever talked to your child about the following:	Yes, in the past month %	Yes, in the past year %	Yes, more than a year ago %	No %
Excessive Gaming	26	28	11	36
Gambling	14	25	5	56
Healthy relationships	50	36	6	9
Mental health (anxiety, depression, suicide, etc.)	52	32	4	12
Safe use of technology (phone, tablet, computer, etc.)	69	22	6	4
Self-harm (cutting, etc.)	10	17	10	64
Sexual health	25	40	7	28
Substance use/misuse (drinking, vaping, marijuana use)	51	26	7	15
Social justice issues (racial bias, LGBTQ & women's rights, etc.)	45	32	6	17

- Parental rules on gambling are the least common, with rules on texting and social media the most common
- Youth report fewer rules on communication, gaming, and social media compared to parent reports

Table 11. Family Rules

My family has clear rules discouraging my child(ren) from:	Yes %	No %	Not Sure %
Gambling for money or possessions (e.g. sports betting, poker, lottery, scratch off tickets, online games).	54	23	23
Their communication with others via text or on social media, including sending or posting inappropriate pictures.	85	5	10
The amount of time they spend playing video games, electronic or online games.	66	15	19
Their social media use (amount of time, which Apps are allowed/not allowed)	69	13	19

Table 11a. Parent & Youth Respondents

My family has clear rules discouraging my child(ren) from: (Yes)	Parents %	Youth %
Gambling for money or possessions (e.g. sports betting, poker, lottery, scratch off tickets, online games).	54	70
Their communication with others via text or on social media, including sending or posting inappropriate pictures.	85	74
The amount of time they spend playing video games, electronic or online games.	65	61
Their social media use (amount of time, which Apps are allowed/not allowed)	69	59

- 65% of parents monitor their child's use of technology, 61% monitor how much time their child spends on their smartphone, and 55% monitor apps or content of devices

Table 12. Parent Rules Around Technology

Do you monitor...	Never %	Rarely %	Occasionally %	A moderate amount %	A great amount %
How much time your child spends on their smartphone (or other smart device)?	4	13	23	37	24
What Apps or content your child accesses on their smartphone (or other smart device)?	6	17	23	31	24
Your child's use of technology?	4	15	17	40	25

- Most parents are communicating with their child, monitoring their child and modeling appropriate behaviors

Table 13. Family Communication, Monitoring, and Modeling, Ranked Highest to Lowest

Please choose the response that best describes how you feel for each of the statements:	Strongly Disagree %	Disagree %	Agree %	Strongly Agree %	Weighted Ave #
I know where my child is and who they are with when they go out.	0	1	33	66	4.64
In my own choices about using drugs and alcohol, I have considered the behavior I am modeling for my child.	1	2	39	59	4.56
I am good at talking to my child about important or serious things.	1	4	43	53	4.45
I know what my child is doing when they go out.	0	5	57	39	4.29
If my child had an important concern about drugs, alcohol, or some other serious issue, they would talk to me about it.	0	6	54	40	4.29

Youth Mental Health

- Parents believe their child's high levels of stress are from academics, future expectations and post high school planning
- These align with the top three issues youth reported

Table 14. Estimated Stress Levels for Child

How much stress, anxiety, or worry do the following give YOUR CHILD in their day-to-day life?	None to Low %	Some to Moderate %	A lot %
Academics (i.e. homework, standardized tests, grades, studying)	6	60	35
College or post high school planning	30	48	23
Expectations of your future (i.e. being successful in life, high level of achievement)	24	52	25
Friends and peers (i.e. having friends, fitting in)	29	53	19
Home life and family relationships	66	31	3
Parental/guardian expectations	39	51	10
Physical safety (i.e. violence, threats)	88	10	2
Schedule (i.e. athletics, extra-curricular, volunteer commitments)	32	58	10
Social scene (i.e. parties, going out with friends)	42	47	11
Social media	57	34	9
Sports achievement (i.e. pressure to perform well in sports or on a team)	36	47	17

Table 14a. Parent & Youth Respondents

How much stress, anxiety, or worry do the following give YOUR CHILD in their day-to-day life? (A lot)	Parents %	Youth %
Academics (i.e. homework, standardized tests, grades, studying)	35	47
College or post high school planning	23	25
Expectations of your future (i.e. being successful in life, high level of achievement)	25	35
Friends and peers (i.e. having friends, fitting in)	19	16
Home life and family relationships	3	12
Parental/guardian expectations	10	17
Physical safety (i.e. violence, threats)	2	4
Schedule (i.e. athletics, extra-curricular, volunteer commitments)	10	20
Social scene (i.e. parties, going out with friends)	11	10
Social media	9	6
Sports achievement (i.e. pressure to perform well in sports or on a team)	17	26

- Parent reports on ‘frequent’ loneliness, anxiety, and depression are lower when compared to youth reports
- Rates have slightly decreased from 2023 to 2025

Table 15. Child’s Mental Health

In the past 30 days, I think my child probably:	Never %	Rarely %	Sometimes %	Frequently %
Felt lonely or excluded	23	42	31	5
Felt anxious	8	25	52	16
Felt depressed	31	44	20	6

Table 15a. Parent & Youth Respondents

In the past 30 days, I think my child probably: (Frequently)	Parents %	Youth %
Felt lonely or excluded	5	10
Felt anxious	16	25
Felt depressed	6	11

Table 15b. 2023 and 2025

In the past 30 days, I think my child probably: (Frequently)	2023 %	2025 %
Felt lonely or excluded	7	5
Felt anxious	17	16
Felt depressed	8	6

Underage Substance Use

Knowledge of Laws

- There has been an increase in participants who understand laws around substance use from 2023 to 2025

Table 16. Knowledge of Substance Use Laws

How familiar are you with...	Unfamiliar %	Somewhat familiar %	Very familiar %
Connecticut's law that raised the legal age to purchase tobacco and vaping products to age 21?	37	30	33
Connecticut's Social Host Law that makes it illegal to provide a place for teens to drink?	22	34	44
Connecticut's law legalizing retail cannabis (marijuana, THC, weed, edibles) use for adults 21 years or older?	16	45	39

Table 16a. 2023 & 2025

How familiar are you with... (Somewhat & Very Familiar)	2023 %	2025 %
Connecticut's law that raised the legal age to purchase tobacco and vaping products to age 21?	59	66
Connecticut's Social Host Law that makes it illegal to provide a place for teens to drink?	72	78
Connecticut's law legalizing retail cannabis (marijuana, THC, weed, edibles) use for adults 21 years or older?	84	84

Knowledge of Medication Disposal

- There is an increase in participants who understand proper medication disposal from 2023 to 2025

Table 17. Knowledge of Prescription Medication Disposal

How familiar are you with...	Unfamiliar %	Somewhat familiar %	Very familiar %
The proper ways to dispose of unused, unneeded or excess prescription drug medications that are in your home?	22	43	35
The Prescription Drop Box located at the Greenwich Police Station?	63	18	19

Table 17a. 2023 & 2025

How familiar are you with... (Somewhat & Very Familiar)	2023 %	2025 %
The proper ways to dispose of unused, unneeded or excess prescription drug medications that are in your home?	70	78
The Prescription Drop Box located at the Greenwich Police Station?	37	37

Knowledge of Substance Use on Teenage Brain

- Most respondents report understanding the effect substances have on the teenage brain; rates have increased from 2023 to 2025

Table 18. Knowledge of Effects of Substance Use on the Teen Brain

I have a good understanding of:	Strongly Disagree %	Disagree %	Agree %	Strongly Agree %	Weighted Ave #
the effect that vaping nicotine has on the teenage brain.	2	8	42	48	4.28
the effects that using marijuana or THC products has on teenage brain.	1	8	40	41	4.32
the effects that drinking alcohol has on the teenage brain.	1	6	42	52	4.39

Table 18a. Parent & Youth Respondents

I have a good understanding of: (Strongly Agree/Agree)	Parents %	Youth %
the effect that vaping nicotine has on the teenage brain.	91	87
the effects that using marijuana or THC products has on teenage brain.	91	82
the effects that drinking alcohol has on the teenage brain.	94	84

Table 18b. 2023 & 2025

I have a good understanding of: (Strongly Agree/Agree)	2023 %	2025 %
the effect that vaping nicotine has on teenage brain.	87	91
the effects that using marijuana or THC products has on teenage brain.	89	91
the effects that drinking alcohol has on the teenage brain.	93	94

Level of Concern Related to Underage Substance Use

- Parents are most concerned about youth use of marijuana and nicotine

Table 19. Level of Concern for Underage Substance Use, Ranked from Highest to Lowest

Please indicate your level of concern when thinking about the following issues impacting YOUTH (under age 21) in this community:	Not at all concerned %	A little bit concerned %	Somewhat Concerned %	Very concerned %	Weighted Ave #
Use of marijuana (e.g. vaping, smoking, ingesting)	2	10	37	50	3.36
Vaping nicotine products (e.g. e-cig, JUULS)	3	10	34	52	3.36
Use of alcohol	3	17	43	38	3.15
Use of illicit drugs (e.g. heroin, cocaine)	6	25	25	45	3.08
Misuse of prescription medications that is not their own prescription	7	22	32	40	3.05
Use of tobacco or traditional cigarettes	9	29	35	27	2.79

- Most parents and youth report disapproval of underage marijuana and nicotine use; underage alcohol use is more accepted

Table 20. Attitudes Around Underage Substance Use

Please choose the response that best describes how you feel for each of the statements:	Strongly Disagree %	Disagree %	Agree %	Strongly Agree %	Weighted Ave #
I think it is okay to drink alcohol even if you are underage (younger than 21 years old).	26	47	24	2	2.30
I think it is okay to use marijuana or THC products even if you are underage (younger than 21 years old).	71	22	5	2	1.44
I think it is okay to vape nicotine even if you are underage (younger than 21 years old).	75	21	3	2	1.36

Table 20a. Parent & Youth Respondents

Please choose the response that best describes how you feel for each of the statements: (Strongly Disagree & Disagree)	Parents %	Youth %
I think it is okay to drink alcohol even if you are underage (younger than 21 years old).	73	79
I think it is okay to use marijuana or THC products even if you are underage (younger than 21 years old).	93	96
I think it is okay to vape nicotine even if you are underage (younger than 21 years old).	96	97

Table 21. Estimation of Youth Substance Use

How many students in your child's grade do you think: (please estimate)	None to almost none %	Some %	Many %	Most %
drink alcoholic beverages at least once a month	22	36	34	8
use marijuana at least once a month	33	56	11	1
vape nicotine at least once a month	25	56	16	2

Table 22. Underage Substance Use at Home

In the past 12 months...	True %	False %
one or more of my child's friends under age 21 consumed alcohol at our home.	10	90
I provided alcohol to somebody under 21 other than my own child.	3	97

Table 22a. 2023 & 2025

In the past 12 months... (True)	2023 %	2025 %
one or more of my child's friends under age 21 consumed alcohol at our home.	13	10
I provided alcohol to somebody under 21 other than my own child.	2	3

- 10% of parents of 9th and 10th graders and 18% of 11th and 12th graders believe their child drank in the past 30 days

Table 23. Child's Recent Substance Use

In the past 30 days, did your child:	Yes %	No %	Not sure %
Drink alcohol?	10	77	14
Vape nicotine?	1	95	5
Use marijuana/THC products?	1	94	6

Table 23a. Recent Substance Use by Grade Level of Child

In the past 30 days, did your child: (Yes)	7-8 %	9-10 %	11-12 %
Drink alcohol?	0	10	18
Vape nicotine?	0	1	0
Use marijuana/THC products?	0	0	2

Table 24. Substance Use and Driving

In the past year, did you child:	Yes %	No %	Not sure %
Drive under the influence?	0	99	1
Ride as a passenger with a driver who is an adult over the age of 21 who had been drinking alcohol?	6	86	8
Ride as a passenger with a driver who is under the age of 21 who had been drinking alcohol?	0	95	5
Ride as a passenger with a driver who is under the age of 21 who had been using marijuana?	0	93	7
Ride as a passenger with a driver who is an adult over the age of 21 who had been using marijuana?	0	95	5
Text while driving?	4	82	15

- 10% of youth and no parents report riding as a passenger with a driver under the influence of alcohol and cannabis

Table 24a. Parent & Youth Respondents

In the past year, did your child: (Yes)	All Parents %	11/12 grade Parents %	11/12 grade Youth %
Drive under the influence?	0	0	4
Ride as a passenger with a driver who is an adult over the age of 21 who had been drinking alcohol?	6	8	na
Ride as a passenger with a driver who is under the age of 21 who had been drinking alcohol?	0	0	10*
Ride as a passenger with a driver who is under the age of 21 who had been using marijuana?	0	0	10*
Ride as a passenger with a driver who is an adult over the age of 21 who had been using marijuana?	0	0	na
Text while driving?	4	8	34

*Ridden in a car whose driver, age 20 or younger, had been drinking or using drugs?

Table 25. Family Rules around Substance Use

My family has clear rules discouraging my child(ren) from:	Yes %	No %	Not Sure %
Drinking alcoholic beverages	89	4	8
Smoking cigarettes or using tobacco	94	3	3
Vaping nicotine (Juul, Blue, Puff Bar)	94	3	3
Using marijuana or THC products (including smoking, vaping, edibles)	93	3	4
Using a prescription drug that is not prescribed to them, for the purpose of 'getting high'	91	4	5

Table 25a. Parent & Youth Respondents

My family has clear rules discouraging my child(ren) from: (Yes)	Parents %	Youth %
Drinking alcoholic beverages	89	80
Smoking cigarettes or using tobacco	94	93
Vaping nicotine (Juul, Blue, Puff Bar)	94	94
Using marijuana or THC products (including smoking, vaping, edibles)	93	93
Using a prescription drug that is not prescribed to them, for the purpose of 'getting high'	91	93

Access to Substances

- 24% of parents do not take steps to secure alcohol kept in the home
- 11% of parents do not take steps to ensure youth don't drink alcohol in their home
- Youth report lower rates of barriers compared to parents

Table 26. Barriers to Access to Alcohol at Home

Please choose the response that best describes how you feel for each of the statements:	Strongly Disagree %	Disagree %	Agree %	Strongly Agree %	Weighted Ave #
I take steps to ensure that underage youth cannot get alcohol from our house (e.g. alcohol is locked up or not accessible to underage youth.)	5	19	38	38	3.85
I take steps to ensure that underage youth do not drink alcohol in our house.	5	6	34	55	4.29

Table 26a. Parent & Youth Respondents

Please choose the response that best describes how you feel for each of the statements: (Agree, Strongly Agree)	Parents %	Youth %
I take steps to ensure that underage youth cannot get alcohol from our house (e.g. alcohol is locked up or not accessible to underage youth.)	76	53
I take steps to ensure that underage youth do not drink alcohol in our house.	89	58

Table 27. Substances Locked Up at Home

Are the following substances kept locked up in your home? (e.g. in a locked cabinet or fridge, sealed with a sticker, or otherwise inaccessible to kids.)	Not applicable %	Yes %	No %	Not sure %
Alcohol	10	16	71	3
Marijuana or THC products	82	5	13	0
Prescription Drugs	34	15	48	4

Table 27a. Parent & Youth Respondents

Are the following substances kept locked up in your home? (No, among only those who indicate 'applicable')	Parents %	Youth %
Alcohol	79	53
Marijuana or THC products	74	54
Prescription Drugs	72	49

Table 28. Perception of Access to Substances

How easy or hard would it be for your child to get the following substances if they wanted them?	Very hard %	Sort of hard %	Sort of easy %	Very easy %	Weighted Ave #
Alcohol from a friend's home	16	25	39	20	2.36
Alcohol from their own home	23	17	37	23	2.40
Alcohol, in general	19	29	42	10	2.56
Marijuana or THC products	46	30	21	4	3.18
A vaping device with nicotine (JUUL, Blu, Puff Bar)	37	28	26	8	2.95
Cigarettes or other tobacco products (chewing or pipe tobacco, cigars)	39	28	25	8	2.99
Prescription drugs – for the purpose of 'getting high' or to feel good, but not for medical purposes	47	36	12	4	3.27
Drug equipment and supplies (pipes, bongs, rolling papers)	54	29	12	5	3.32

- Parents report easier access to all substances when compared to youth

Table 28a. Parent & Youth Respondents

How easy or hard would it be for your child to get the following substances if they wanted them? (Sort of Easy, Very Easy)	Parents %	Youth %
Alcohol	60	54
Marijuana or THC products	24	10
A vaping device with nicotine (JUUL, Blu, Puff Bar)	34	16
Cigarettes or other tobacco products (chewing or pipe tobacco, cigars)	33	11
Prescription drugs – for the purpose of 'getting high' or to feel good, but not for medical purposes	16	18
Drug equipment and supplies (pipes, bongs, rolling papers)	17	7

Table 28b. 2023 & 2025

How easy or hard would it be for your child to get the following substances if they wanted them? (Sort of Easy, Very Easy)	2023 %	2025 %
Alcohol from a friend's home	63	59
Alcohol from their own home	59	60
Alcohol, in general	51	53
Marijuana or THC products	20	24
A vaping device with nicotine (JUUL, Blu, Puff Bar)	31	34
Cigarettes or other tobacco products (chewing or pipe tobacco, cigars)	32	33
Prescription drugs – for the purpose of 'getting high' or to feel good, but not for medical purposes	25	16
Drug equipment and supplies (pipes, bongs, rolling papers)	22	17

- Parents believe youth most often get alcohol from a friend and parents without permission

Table 29. Access to Alcohol in Greenwich, Ranked from Highest to Lowest

Where do Greenwich youth who drink get their alcohol from?	Never %	Rarely %	Sometimes/ occasionally %	Often %	Weighted Ave #
A friend/peer	6	4	49	41	2.34
A parent/guardian, without permission	6	7	47	39	2.33
A sibling	12	13	50	25	2.13
A parent/guardian, with permission	10	19	53	18	2.08
They buy it from someone else	11	27	45	16	2.05
An adult, non-family member, with permission	12	23	50	16	2.04
Some other way	12	23	51	14	2.02
They buy it at a store outside of Greenwich	16	32	40	12	1.96
They buy it at a store in Greenwich	23	44	26	7	1.84

Table 29a. Parent & Youth Respondents

Where do Greenwich youth who drink get their alcohol from? (Often)	Parents %	Youth %
A parent/guardian, with permission	18	11
A parent/guardian, without permission	39	6
An adult, non-family member, with permission	16	5
A friend/peer	41	24
A sibling	25	5
They buy it from someone else	16	6
They buy it at a store in Greenwich	7	5
They buy it at a store outside of Greenwich	12	5
Some other way	14	6